

SAFETY Checklist

Completed By:

Location:

Date Completed:

Walking and Working Surfaces: Ladder Safety System Criteria (General Industry)

Instructions: This checklist is intended to help you identify potential hazards in your workplace. The questions are based on applicable Federal OSHA standards. Keep in mind that additional state and local regulations may apply, depending upon your location. Please select one answer for each question. You can click in the box if completing this form on your computer or mobile device. If you select “no,” you should investigate further to determine what corrective action may be needed to address the hazard. You can review the specific OSHA Standards outlined below at www.osha.gov/law-regs.html. Choose “General Industry.”

1910.29(a) General Requirements

(1) Employers must ensure all fall protection systems and falling object protection, other than personal fall arrest systems, meet the specification of this section.

(2) Employers must provide and install all fall protection systems and falling object protection required in 1910.28 and comply with the other requirements in subpart D before any employee begins work that requires fall or falling object protection.

Questions	OSHA Regulation	Yes	No	N/A
1 Do all ladder safety systems in use allow employee to climb up and down using both hands and does not require that the employee continuously hold, push, or pull any part of the system while climbing?	1910.29(i)(1)			
2 Are all ladder safety system connections between the carrier or lifeline and the point of attachment to the body harness or belt not exceed does not exceed 9 inches?	1910.29(i)(2)			
3 Are all ladder safety system mountings for rigid carriers attached at each end of the carrier, with intermediate mountings spaced, as necessary, along the entire length of the carrier so the system has the strength to stop employee falls?	1910.29(i)(3)			
4 Are all ladder safety system mountings for flexible carriers attached at each end of the carrier and cable guides for flexible carriers installed at least 25 feet apart but not more than 40 feet apart along the entire length of the carrier?	1910.29(i)(4)			
5 Are all ladder safety system mountings and cable guides not reduce the design strength of the ladder?	1910.29(i)(5)			

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	Questions	OSHA Regulation	Yes	No	N/A
6	Are all ladder safety systems and support systems capable of withstanding, without failure, a drop test consisting of an 18 inch drop of 500 pounds?	1910.29(i)(6)			

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