

Ladders (Construction)

Instructions: This checklist is intended to help you identify potential hazards in your workplace. The questions are based on applicable Federal OSHA standards. Keep in mind that additional state and local regulations may apply, depending upon your location. Please check one answer for each question. If you select “no,” you should investigate further to determine what corrective action may be needed to address the hazard. You can review the specific OSHA Standards outlined below at www.osha.gov/law-regs.html. Choose “General Industry” or “Construction.”

	Questions	OSHA Regulation	Yes	No	N/A
	General Requirements				
1)	Are ladder rungs, cleats, and steps parallel, level, and uniformly spaced when the ladder is in position for use?	1926.1053(a)(2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2)	Are ladders inspected periodically by a competent person and after any incident that could affect their safe use?	1926.1053(b)(15)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3)	Are ladders loaded at or below the maximum intended load for which they were built, or at or below the manufacturer’s rated capacity?	1926.1053(b)(3)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4)	Are ladders maintained free of oil, grease, and other slipping hazards?	1926.1053(b)(2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5)	Are ladders prohibited from being tied or fastened together to provide longer sections?	1926.1053(a)(7)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6)	Are ladders used on slippery surfaces ONLY when they are secured or provided with slip-resistant feet to prevent displacement?	1926.1053(b)(7)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7)	Are ladders used only on stable and level surfaces, unless secured to prevent displacement?	1926.1053(b)(6)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8)	Are portable ladders with structural defects (a) immediately marked in a manner that readily identifies them as defective, (b) tagged with "DO NOT USE" or similar language, or (c) withdrawn from service until repaired?	1926.1053(b)(16)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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	General Requirements				
9)	Are rungs, cleats, and steps of portable ladders spaced at least 10 but not more than 14 inches apart?	1926.1053(a)(3)(i)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10)	Are the rungs and steps of portable metal ladders corrugated, knurled, dimpled, coated with skid-resistant material, or otherwise treated to minimize slipping?	1926.1053(a)(6)(ii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11)	Can ladders support the load they are expected to carry?	1926.1053(a)(1)(i),(ii), and(iii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12)	Do portable ladders extend at least 3 feet above the upper landing surface for which the ladder is used to gain access?	1926.1053(b)(1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13)	Is a metal spreader or locking device provided on each stepladder to hold the front and back sections in an open position when the ladder is being used?	1926.1053(a)(8)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14)	Is it prohibited to move, shift, or extend ladders while they are occupied?	1926.1053(b)(11)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15)	Is standing on the top or top step of a stepladder prohibited?	1926.1053(b)(13)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16)	Is the area around the top and bottom of ladders kept clear?	1926.1053(b)(9)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Training Requirements				
17)	Does the employer provide a training program for each employee using ladders and stairways?	1926.1060(a)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18)	Does the training program enable each employee to recognize hazards related to ladders and stairways?	1926.1060(a)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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	Training Requirements				
19)	Has the employer ensured that each employee has been trained by a competent person?	1926.1060(a)(1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20)	Is training provided in the correct procedures for erecting, maintaining, and disassembling the fall protection systems to be used?	1926.1060(a)(1)(ii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21)	Is training provided in the maximum intended load carrying capacities of ladders used?	1926.1060(a)(1)(iv)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22)	Is retraining provided for each employee so the employee maintains the understanding and knowledge?	1926.1060(b)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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